

# Aging Well Bakes



## What's Your Recipe For Aging Well?

Enter it in the Mather LifeWays Aging Well Bakes! Recipe Contest

This competition is for adults aged 55 and better and living in Illinois to celebrate how growing older can be a fun, sweet, and positive experience.

Cookies, cakes, pies, scones...anything that is baked specifically as a dessert item is eligible.

If your recipe is chosen, you could win a \$500 gift certificate for Williams-Sonoma! And, your name and recipe will be featured on the Mather LifeWays website and may also be included in an online *Aging Well Bakes!* cookbook.

Submit your recipe with a photograph, brief narrative, and the official entry form found at: [www.matherlifeways.com/agingwellbakes](http://www.matherlifeways.com/agingwellbakes) before February 27, 2009. The winner will be announced at: [www.matherlifeways.com](http://www.matherlifeways.com) on April 12, 2009.