

FACT SHEET

Mather LifeWays Community Initiatives

- DESCRIPTION:** Through Mather LifeWays Community Initiatives, including Mather's—More Than a Café, Mather Edgewater, Telephone Topics, and Mather LifeWays Info Plus, neighborhoods become better places for older adults to live, work, learn, contribute, and play.
- In 2007 alone, more than 12,986 older adults participated in the programs offered at the Cafés and 7,500+ people were helped from the Mather LifeWays Info Plus service. The Cafés are an award-winning community service concept with a retail approach where people of all ages throughout the community can come together to eat freshly prepared food and participate in interesting, stimulating programs and activities—all in a modern and inviting setting. Here, older adults are recognized for the individuals they are rather than the “age segment” to which they belong.
- Mather Edgewater offers older adults in the Edgewater, Chicago community a series of programs on health and wellness, caregiving resources, consumer tips, spiritual programs, monthly luncheons, special events, and day trips.
- Telephone Topics connects older adults with others through lifelong learning and social groups over the telephone.
- Mather LifeWays Info Plus, at 1 (888) 600.2560, is a free information service that helps older adults and their families find neighborhood programs and services.
- PRODUCTS/ SERVICES:** Breakfast, lunch, and carryout meals; daily programs and classes; day trips and community resources
- CAFÉ LOCATIONS:** 7134 W. Higgins Avenue, Chicago, IL 60656
3235 N. Central Avenue, Chicago, IL 60634
33 E. 83rd Street, Chicago, IL 60619
- MATHER EDGEWATER:** 1020 W. Bryn Mawr Avenue, Chicago, IL 60660
- HISTORY:** The Community Initiatives area of service was created in 1999 as a way for Mather LifeWays to reach and serve older adults in Chicagoland communities.
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