

# Mather LifeWays Awards, Recognition & Grants

## 2017



Readers of the *Explorer* newspaper selected **Sonora at Splendido** for first place in **Best of the Northwest** in the category of Assisted Living. **Splendido** was selected for second place in the category of Active Living Community.



**Splendido's** culinary team won first place at the Taste of Oro Valley, presented by the Rotary Club of Oro Valley.



**Mather LifeWays** 2016 Year in Review won a League of American Communications Professionals' (LACP) **Vision Award**, which recognizes exceptional annual reports.



Silver Winner  
Best of 55+  
Housing Awards

**Mather Place** received a silver award from the **National Association of Home Builders** in the category of Best 55+ Renovation.

## 2016



**Mather LifeWays** program in the **Edgewater** neighborhood of Chicago was formally recognized by the City of Chicago for "its unparalleled contributions to older adults in the community of Edgewater and the city of Chicago."



**ALCA**  
Contract with Landscape Experts

The landscaping at **Splendido** was recognized with an **Award of Excellence** for overall maintenance and management from Arizona Landscape Contractors' Association. This is the association's highest honor in the category of landscape maintenance



**Mather LifeWays** earned five awards in the League of American Communications Professionals (LACP) **Global Communications Competition** (20116 Spotlight Award). With more than 800 entries, Mather LifeWays received recognition, which included a Gold Award.



**Splendido** was recognized with the **Best Overall Presentation** in the **Sweet Charity competition** hosted by the Southern Arizona Arts & Cultural Alliance (SAACA).

Mather LifeWays **Manager of Art Therapy** received a **Best Paper Award** at Fuse DIS 2016 (a Designing Interactive Systems conference in Australia) for co-authoring "Designing for the Third Hand: Empowering Older Adults with Cognitive Impairment through Creating and Sharing."



**Sonora at Splendido** was recognized with a Gold Award by the **Health Services Advisory Group** for superior leadership, strategic planning, and customer and staff satisfaction.



Readers of the *Explorer* newspaper selected **Splendido** for first place in **Best of the Northwest** in the category of Active Living Community. **Sonora at Splendido** was selected for first place in the category of Assisted Living.



**Splendido** was recognized with an **Art Supporter Award** by the Southern Arizona Arts & Cultural Alliance (SAACA), for more than nine years of support in the local arts community.



**Splendido** was honored with the 2016 **Champion Award** from Interfaith Community Services for local philanthropy, including donations of food and school supplies, as well as sponsorships and donations of meeting space.

## 2015

### McKnight's

Long-Term Care News & Assisted Living

**Mather LifeWays** received a silver award in Dignity through Technology from *McKnight's* Excellence in Technology Awards for its innovative use of stop-motion animated videos in resident art therapy programs.



The **Mather** and **Sonora at Splendido** ranked as two of **America's Best Nursing Homes**, published by *U.S. News & World Report*, receiving the highest overall rating of five stars from the Federal Government's Centers for Medicare and Medicaid Services (CMS).

## 2014



**Splendido** was recognized with the **Best Chocolate Dessert** and **Best Overall Presentation** in the **Sweet Charity** competition hosted by the Southern Arizona Arts & Cultural Alliance (SAACA).



For the second consecutive year, **Mather LifeWays** was named **Illinois' Healthiest Midsize Employer** by Healthiest Employers LLC, which honors the most outstanding health and wellness programs in the state.



**Mather LifeWays** earned four 2014 **National Mature Media Awards** for its marketing materials, including one

**Gold Award**, one **Silver Award**, one **Bronze Award**, and one **Merit Award**.



**Splendido** was recognized with a "**Good Deals. Help Others.**" award from **Habitat for Humanity**

**Tucson Habistore**, for the donation of more than 60 appliances.



**Mather LifeWays Institute on Aging** was honored with the **2014 Excellence in Research and Education Award** from **LeadingAge**. This award recognizes the Institute for its outstanding contributions in developing evidence-based research and education programs, translating research into practice, and disseminating new resources throughout the field of aging.



**Splendido** received a **silver award** in Crandall Corporate Dietitians' **Go for the Gold Awards**, which honor outstanding dietary departments.



Readers of the *Explorer* newspaper selected **Sonora at Splendido** for **first place in Best of the Northwest** in the category of Assisted Living.



The **Mather**, **Mather Pavilion**, and **Sonora at Splendido** ranked as three of **America's Best Nursing Homes**, published by *U.S. News & World Report*, receiving the highest overall rating of five stars from the Federal Government's Centers for Medicare and Medicaid Services (CMS).



The **Associate Director of Community Resources** for **Mather Edgewater** was honored with a **Strive and Thrive** award as part of the **LSN 2014 Honoring Excellence Award Program**.



A Senior Research Associate from **Mather LifeWays Institute on Aging** was recognized with an award, along with her co-authors, from the Families and Health Section of the National Council on Family Relations for the **best research publication** in 2013 on families and health.



**Splendido** was recognized with the **2013/2014 Outstanding Arts Leader Award** by the Southern Arizona Arts & Cultural Alliance.

## 2013



The **Mather** was selected as winner of the **Senior Housing News Design and Architecture Award** for a Continuing Care Retirement Community. The award recognizes cutting-edge design, excellence, and innovation in senior living.



**Chicago Tribune**

**Mather LifeWays** was named one of Chicago's Top Workplaces in the 2013 *Chicago Tribune's* Best Places to Work survey.



**ILLINOIS' HEALTHIEST EMPLOYERS\***

**Mather LifeWays** was named Illinois's Healthiest Midsize Employer for 2013 by Healthiest Employers LLC.



**Mather's—More Than a Café** named as a Leadership Program to Watch in 2013 by LeadingAge.



**Mather LifeWays** received five Rebranding Aging Awards from the International Council on Active Aging, including **Gold** and **Silver Awards** for **Best Direct Mail**, **Silver** and **Bronze Awards** for **Best Advertising**, and a **Bronze Award** for **Best Sales Brochure**.



The American Institute of Architects

In the **Design for Aging Review**, sponsored by LeadingAge and the American Institute of Architects, **The Mather** received a Merit Award, the highest award given that recognizes outstanding projects, and **Mather's—More Than a Café** received a Citation Award, recognizing good projects with multiple special features.



**Mather LifeWays Institute on Aging** was awarded funding from OwlRock Capital to conduct a feasibility study for an online resource that will integrate the Institute's caregiver resource programs and facilitate communication between family caregivers and service providers caring for homebound older adults.



The Greater Oro Valley Chamber of Commerce presented **Splendido** with the **2013 Pinnacle Award for Best Midsize Business**.



Walgreens contributed funds to support **Telephone Topics** and is offering the program through their Chicagoland stores. Telephone Topics is a Mather LifeWays program that enables older adults to participate in free interactive programming over the phone.

Readers of the *Explorer* newspaper selected **Sonora at Splendido** for **second place in Best of the Northwest** in the category of Assisted Living.



**Mather LifeWays Institute on Aging** was awarded a grant from **Boeing International Foundation** to support further expansion of the FIIVE Chicago program (Fostering Intergenerational Inclusive Volunteer Efforts). The Center for Independent Futures is partnering on this project.



**Mather LifeWays Institute on Aging** was selected for an **LTC LINK Spirit of Innovation Award** in Patient Wellness for *mobile* Observing Quality of Life in Dementia (*mOQOLD*).



**Mather LifeWays** earned three awards in the League of American Communications Professionals (**LACP**) **Global Communications Competition** (2012/13 Spotlight Award). With more than 800 entries, Mather LifeWays received recognition which included two Platinum Awards and a Gold Award.



The Gaston Porter Health Improvement Center received a **Wal-Mart Foundation Grant** to implement eight Prime Time Sister Circles (PTSC) in the Chicago area. **Mather LifeWays** is a sub-grantee along with Acts of Faith, a consortium of churches on Chicago's South Side.



The **Mather**, **Mather Pavilion**, and **Sonora at Splendido** ranked as three of **America's**

**Best Nursing Homes**, published by **U.S. News & World Report**, receiving the highest overall rating of five stars from the Federal Government's Centers for Medicare and Medicaid Services (CMS).



**Mather LifeWays** received four awards from the National Association of

Home Builders (NAHB): **Gold Awards** for **Best Direct Mail** and **Best Lifestyle Program**, and **Silver Awards** for **Best Continuing Care Retirement Community (CCRC)** and **Best Outdoor Amenity**.

## 2012



For the third consecutive year, Mather LifeWays is one of the *Chicago Tribune's* **Top 100 Workplaces**. Mather LifeWays ranked as one of the top 10 Best Midsize Companies.



**Mather LifeWays** was honored with the Pathways to Greatness award by LeadingAge and CliftonLarsonAllen LLP. Recipients are selected based on the five key attributes of a successful aging-services organization which include leadership, superior performance, distinctive impact, best practices and innovation, and the ability to inspire public trust and confidence.



The **Mather** achieved **LEED Gold certification** (Leadership in Energy and Environmental Design), a green building rating system developed by the US

Green Building Council. In order to achieve LEED certification, a building must meet requirements for sustainable design, construction, and operation.

## McKnight's

Long-Term Care News & Assisted Living



**Mather LifeWays** received the top Quality honor in first annual McKnight's Excellence in Technology Awards – Connect Our

World. The program recognizes notable uses of technology to improve senior living services. Entries were judged on their value, impact, execution, relevance and originality.



**Mather LifeWays** was one of three finalists for the 2012 Illinois Healthiest Employers Award (presented by Humana Vitality) which honors the state's most outstanding health and wellness programs.

**Mather LifeWays** was awarded the **Prudential Real Estate Investors Award for Best Research Paper** in the **2012 Seniors Housing & Care Journal** by the National Investment Center for the Seniors Housing & Care Industry (NIC). The white paper, "Adult Children of CCRC Residents: Their

Perceptions, Insights, and Implications for Shaping the Future CCRC,” was announced as the winner.

**The Mather Life Centre and Mather Pavilion** received the highest score in the Five-Star Quality Rating System administered by the Centers for Medicare and Medicaid Services (CMS).



**Mather LifeWays** earned eight 2012 **National Mature Media Awards** for its marketing materials, including two **Silver Awards**, one **Bronze Award**, and five **Merit Awards**.



**Mather's—More Than a Café** was awarded a **technical assistance grant** from MetLife Foundation in the category of Health and Wellness.



**Mather LifeWays** was awarded a contract to conduct a pilot study from Work/Family Directions, Inc. to offer **Empower Online** for IBM employees caring for older adults in Brazil and Argentina.

A **grant** from Schering Plough was awarded to **Mather LifeWays Institute on Aging** to develop and implement online employee wellness programs in the United States, England, and China.



The Southeast Building conference recognized **The Mather South** with **five Aurora Awards** which are considered the “Grammys” of the homebuilding and design industry. Awards included Grand Aurora (Best of State), Grand Aurora and Aurora Award (50+ Communities), and Aurora Awards for Interior Design and Interior Furnishings.



**The Mather LifeWays Director of Café Operations** was awarded the distinguished **Life Services Network**

**(LSN) Honoring Excellence Award**—one of eight individuals recognized at LSN’s Annual Meeting and Exhibition, held May 2012 at Navy Pier in Chicago.



**Mather LifeWays** received the **inaugural City of Evanston Economic Impact Award**, recognizing its innovation, initiative, and sizable investment in Evanston, resulting in far-reaching benefit for businesses, residents, and visitors.



**Sonora at Splendido** was ranked as one of **America's Best Nursing Homes** by **U.S. News & World Report**, receiving the highest overall rating of five stars from the Federal Government’s Centers for Medicare and Medicaid Services (CMS).



**Mather LifeWays** received **eight awards** from the **National Association of Home Builders** including **three Gold Awards** for **The Mather** in the categories of Best Continuing Care Retirement Community on the Boards, Best Repositioned Community (Active Adult Housing), and Best Direct Mail Campaign; a **Gold and Innovation Award** for **Splendido** in the category of Best Fitness & Wellness Program (for the “Gestures of Joy” program); a **Silver Award** for **Splendido** in the category of Best Lifestyle Program; and a **Gold and Innovation Award** for **Mather's—More Than a Café** in the category of Best Dining or Café Experience.



A **grant** from the **Kansas Department on Aging** was awarded to **Mather LifeWays Institute on Aging** to support the development and implementation of six emergency preparedness workshops, one for each Homeland Security Region in Kansas. The workshops focused on identifying region-specific hazards and creating plans for comprehensive, collaborative emergency operations based on region-specific hazards and resources.



2011



For the **second consecutive year**, **Mather LifeWays** was named one of the *Chicago Tribune's* **Top 100 Workplaces!**



A **grant** from XTO Energy was awarded to **Mather LifeWays Institute on Aging** to develop and implement online employee wellness programs in the United States.



**Mather LifeWays** earned **four awards** in the League of American Communications Professionals (**LACP**) **Global Communications Competition** (2011 Spotlight Award). With over 1,500 entries, Mather LifeWays received recognition including a Platinum Award, Gold Award, Silver Award, and Bronze Award.



**Mather LifeWays Institute on Aging** was awarded a grant from the **Verizon Foundation** to support development, implementation, and evaluation of a program to improve electronic health literacy among older adults in Chicago. The program will offer participants training in skills needed to navigate the large amount of health information available on the web.



A **grant** from **The Coleman Foundation** was awarded to **Mather LifeWays Institute on Aging**, Clearbrook, and the Center for Independent Futures to develop and implement **F.I.I.V.E Chicago** (Fostering Intergenerational, Inclusive Volunteer Engagement in Chicago). **F.I.I.V.E Chicago** is an intergenerational volunteer program in which young people with disabilities (ages 14–29) and older adult mentors (ages 55 and better) together engage in service to their communities.



The **Mather** was selected to be featured in the publication **Design for Aging Review**, 11<sup>th</sup> edition, as a **Citation Award Recipient** for innovative design features and approaches. *Design for Aging Review* is held in partnership with Leading Age (formerly American Association of Homes and Services for the Aging).



A **grant** from **Kansas Association of Homes and Services for the Aging** was awarded to Mather LifeWays Institute on Aging to support the development and implementation of a state-specific emergency preparedness resource guide for senior living providers that included a Kansas-specific resource manual and individualized telephone consultations with representatives from Kansas senior living organizations.



**Mather LifeWays** earned four 2011 **National Mature Media Awards** for its marketing materials, including two **Silver Awards**, one **Bronze Award** and one **Merit Award**.



The **Mather** received Award of Merit honors in the 2011 **Gold Nugget Awards** competition for Best Community Site Plan of up to 20 acres.



**Mather LifeWays** received a fifth **Digital Divide Grant** from the Illinois Department of Commerce and Economic Opportunity. The grant is designed to train older adults in computer skills through classes presented at Mather's—More Than a Café locations.

**Mather LifeWays** was awarded a sub-grant to participate in a **Wal-Mart Foundation grant** to implement Prime Time Sister Circles (PTSC) in Chicago. PTSC is a program that teaches older African American women to improve their health. Mather's—More Than a Café on 83rd Street has held six PTSC; Mather LifeWays was awarded a



sub-grant by the program's founders to start 12 additional circles in other communities.



**Mather LifeWays** was awarded a contract to conduct a pilot study from Work/Family Directions, Inc. to offer **Empower Online** for IBM employees who are caring for older adults in Hong Kong and Taiwan.



Winning Workplaces and the Hitachi Foundation featured **Mather LifeWays** as one of 10 in-depth workplace best practices case studies in the Pioneer Employer "Search Engines" Initiative. This initiative seeks out pioneering employers in order to build a compelling set of case studies demonstrating how investment in front-line workers can result in increased returns to employees, communities, and business investors.



**Mather Pavilion and Sonora at Splendido** ranked as two of **America's Best**

**Nursing Homes**, published by **U.S. News & World Report**, receiving the highest overall rating of five stars from the Federal Government's Centers for Medicare and Medicaid Services (CMS).



Wisdom Works, a volunteer model used in the Empowering Grandparents grant from the National Council on Aging (NCOA), was named a national model by NCOA and received a grant to disseminate learnings in 2011.

## 2010



**Mather LifeWays Institute on Aging** received the **New Product & Technology Award** from **Mature Market Resource Center** for *Aging*

*in Action*. This national program recognizes the best technologies, products, and services for older adults and their families.



**Chicago Tribune**

**Mather LifeWays** was named one of the *Chicago Tribune's*

**Top 100 Workplaces**. Companies and nonprofit organizations are recognized for developing "dynamic, supportive and inclusive cultures."



**Mather LifeWays Institute on Aging** received the **Erickson Foundation Award for Excellence in Research in Positive Aging** at

the 2010 American Public Health Association Annual Meeting & Exposition in Denver for the development, testing, and implementation of the Whole-Person Wellness Assessment. The Erickson Foundation created this award to "celebrate research that explores aspects of active, healthy aging, particularly creating healthy communities."



**Mather LifeWays** won two awards from the League of American Communications Professionals' (LACP) Global Communications Competition. Splendido received a **Platinum Award** for its "Best Places to Live" mailer, and The Mather received a **Gold Award** for its "Let's always be prepared for life's curve balls" campaign.



**Mather LifeWays** earned two **National Active Retirement Association Awards**, which recognize projects focused on

meeting the demands of active, mature adults across the country. The Mather won a **Gold Award** as the Best Continuing Care Retirement Community and a **Gold Award** for Best Amenities in a Retirement Community.

## Midwest

### Construction

The **Mather** received *Midwest Construction* magazine's **Best of**

**2010 Award** (Merit, Multi-Family Residential/Hospitality), which recognizes projects based on safety, innovation, contribution to the community or industry, construction quality and craftsmanship, and function and aesthetic quality of design.



**Design Evanston** recognized **The Mather** with awards in Interior Design and Landscape Design. Design Evanston recognizes projects providing “significant aesthetic and functional improvement in the Evanston community.”



**Mather Pavilion** and **Mather LifeWays Institute on Aging** received the **OPTIMA Award**, bestowed by *Long-Term Living* magazine. The award, conferred by a jury of long-term care peers, recognizes long-term care residences that are proactive with programs that go “above and beyond” routine care. Through measurable outcomes, such as 10 consecutive years of nursing staff turnover results better than state and national rates and consistently high resident and family satisfaction scores, the Award acknowledges Mather Pavilion’s successes in demonstrating that LEAP is a sustainable workforce initiative.



A grant from **The Coleman Foundation** was awarded to Clearbrook and **Mather LifeWays Institute on Aging** to support implementation and evaluation of **GRACE: Generating Resources for Aging Through Collaborative Energies**. This program offers education and experiential learning opportunities to managers and staff working with the growing number of aging adults with developmental disabilities in day and residential service organizations in the Chicagoland area.



**Mather LifeWays** earned four 2010 **National Mature Media Awards** for its marketing materials, including two **Bronze Awards** and two **Merit Awards**.



**Mather LifeWays** received a grant from the **Kansas Department of Public Health** to support four statewide **PREPARE** workshops that reached nearly 200 senior living providers.

**Mather LifeWays** received a fourth **Digital Divide Grant** from the Illinois Department of Commerce and Economic Opportunity. The grant is designed to train older adults in computer skills through classes presented at



**Mather’s—More Than a Café** locations in the Chicago area.



**Mather LifeWays** partnered with the **GRANDFamilies** Program of Chicago to develop and implement a curriculum for the Grandparents Raising Grandchildren Program. It is supported by two independent **grants from The Chicago Community Trust** and the **National Council on Aging**.



**Splendido** was a finalist for the **NuStep Pinnacle Award** recognizing outstanding whole-person wellness programs in senior living communities and senior centers.



The Southeast Building conference recognized **The Mather North** with **four Aurora Awards** which are considered the “Grammys” of the homebuilding and design industry. Awards included Grand Aurora (Best of State), Grand Aurora and Aurora Award (50+ Communities), and an Aurora Award for Interior Design.



**Splendido** received Award of Merit honors in the 2010 **Gold Nugget Awards** competition for Best Community Site Plan of 20 acres or more and Best Interior Space.





**Mather LifeWays** won a **Silver Award** for *More at Mather's* in the 2009 Inspire Awards Competition, sponsored by the League of American Communications Professionals (LACP).



A grant was awarded to **Mather LifeWays** from Work/Family Directions, Inc. to develop and implement a culturally-specific version of **Empower Online** for IBM employees who are caring for older adults in China.



Readers of the *Explorer* newspaper selected **Splendido** as Tucson's

**Best Retirement Living Community** for the second consecutive year.



The American Medical Directors Association selected LEAP as a recipient of the 2010 **AMDA Foundation/Evercare Award** for improving the quality of life of persons living in nursing homes.



**Sonora** at **Splendido** was ranked one of **America's Best**

**Nursing Homes** in the February issue of *U.S. News & World Report* and was the only one in Tucson to make the list.



**Mather LifeWays** and Benten Technologies received a **Small Business Innovation Research (SBIR) Grant** from the Centers for Disease Control. The new grant supports development of an online disaster preparedness planning system.

2009



The **Mather Culinary Team** took **first place** in the **AAHSA Chef Challenge competition**. Competing against senior living culinary teams from across the U.S., The Mather team was crowned the 2009 "Iron Chef" champions.



A grant from Merck was awarded to **Mather LifeWays Institute on Aging** to develop and implement online employee wellness programs in Canada, England, United States, Mexico, and Brazil.



A grant from ExxonMobil was awarded to **Mather LifeWays Institute on Aging** to develop and implement online employee wellness programs.



**Northern Trust**

The Northern Trust Company awarded a grant to support the wellness initiative at **Mather's—More Than a Café** location at 83rd Street in Chicago's Chatham neighborhood.



The **Mather** was named the 2009 **Masonry Construction Project of the Year** for both the High-Rise and Readers' Choice categories. Project of the Year entries represent the "best of the best" in masonry construction across the country, honoring the craftsmanship of skilled masonry.



**THE GREEN HOUSE PROJECT**  
caring homes for meaningful lives™

A grant was awarded to **Mather LifeWays** by NCB Capital Impact to support a study on the impact of computer adaptive technology in four **Green House® Project communities**. The project aligns "small house" environments with person-directed care programming, supporting quality of life for long-term care residents.



The **Armed Forces Veterans Homes Foundation** and the **National Association of State Veterans Homes** funded implementation of **LEAP 101** for 15 of their state veterans' homes. The grant also supports LEAP license renewals for 33 communities nationwide.



**Splendido** was voted one of the **Top 10 Independent Living/Assisted Living Communities** in *Ranking Arizona*, the largest business opinion poll in the state.



**Mather LifeWays** and **Benten Technologies** received a second **Small Business Innovation Research (SBIR) Grant** from the **National Institutes of Health**. The grant will enable development of a mobile device that researchers and practitioners in adult day, assisted living, and skilled care settings can use to assess the quality of life of people with dementia.



**Mather LifeWays** and **Life Services Network**, the Illinois affiliate of the **American Association of Homes and Services for the Aging**, were **awarded funding from the Illinois Department of Public Health** to implement and evaluate a **cultural diversity training program** targeting all disciplines in licensed long-term care communities.



**Mather LifeWays** received the award for **Excellence in Program Innovation** from the **Archstone Foundation** for **PREPARE**. The award was created in conjunction with the **American Public Health Association** to recognize best practice models in gerontology and geriatrics. One award is given each year.



The **Chicago Life Opportunities Initiative** received a **grant from the National Council on Aging** to promote the use of older adult volunteers in community not-for-profit organizations. **Chicago Life Opportunities Initiative** is a partnership program between **Mather LifeWays** and **CJE SeniorLife**.



**Mather LifeWays** is partnering with the **GRANDFamilies Program of Chicago** to develop and implement a curriculum for the **Grandparents Raising Grandchildren Program**, supported by a grant from **The Chicago Community Trust**.



As part of a grant from the **National Council on Aging (NCOA)**, **Mather LifeWays** received **three VISTA volunteers** to further support the **GRANDfamilies of Chicago** program.



**Mather LifeWays** received a **Title V worker** from **Age Options** to assist in expansion of the **Telephone Topics** program.



A grant from the **John Oishei Foundation** will bring **LEAP** to 30 long-term care residences in **Western New York State** during fall 2009.



A **training grant** was awarded to **Mather LifeWays** to support **PREPARE workshops** in **Michigan** during the summer 2009.



**Mather LifeWays** received a **grant from the Kansas Department of Public Health** to support four statewide **PREPARE workshops** that reached nearly 200 senior living providers.



**Mather LifeWays** received an additional **Digital Divide Grant** from the Illinois Department of Commerce and Economic Opportunity.

The grant is designed to train older adults in computer skills through classes presented at Mather's—More Than a Café.



**Mather LifeWays** earned six 2009 **National Mature Media Awards** for its marketing materials, including two **Silver Awards**, two **Bronze Awards**, and two **Merit Awards**.



The National Council on Aging (NCOA) named **Mather LifeWays** as the 2009 recipient of the **Jack Ossosky Award**, recognizing the Café Plus model.



The U.S. Administration on Aging named **Mather's—More Than a Café** as one of four national models encouraging participation in civic, cultural, social and recreational activities by older adults.



**Mather LifeWays** received grants from the Norwood Park Historical Society and the **Center for Asian Arts and Media** at Columbia College for cultural programs.



**Mather LifeWays Senior Research Associate** was the recipient of the **American Society on Aging Graduate Student Research award**. The Award is presented annually to one graduate student for research relevant to aging.

**2008**



**Splendido** was recognized by the Arizona Landscape Contractors' Association for **superior landscape workmanship and creativity**.



Readers of the *Explorer* newspaper selected **Splendido** as Tucson's **Best Retirement Living Community**.



**TEXAS INSTRUMENTS**

A **grant** from Texas Instruments was awarded to **Mather LifeWays Institute on Aging** to develop and implement online employee wellness programs in the United States.



**Mather LifeWays** won an **Honors Award** for the **2007 Year in Review** in the 2008 Spotlight Awards Communications Competition. The competition is sponsored by the League of American Communications Professionals (LACP).



**Splendido** was voted one of the **Top 10 Independent Living/Assisted Living Communities** in Ranking Arizona, the largest business opinion poll in the state.



**Mather LifeWays** earned five **National Active Retirement Association Awards**, which recognize projects focused on meeting the demands of active, mature adults. **Splendido** received two **Gold Awards**, for Best Overall Active Adult/Retirement Community and for Best Large Active Adult/Retirement Community. **Splendido** also won a **Silver Award** for Best Continuing Care Retirement Community. **The Mather** won **Gold Awards** for the Best Proposed



Continuing Care Retirement Community as well as the Best Community Brochure.



**Mather LifeWays** earned nine **2008 National Mature Media Awards** for its marketing materials, including five **Gold Awards**, one **Bronze Award** and three **Merit Awards**.



The American Association of Homes and Services for the Aging (AAHSA) selected the **Executive Director of Café Development at Mather LifeWays** as one of 32 people nationwide to participate in **AAHSA's 2009 Leadership Academy**.



For the second consecutive year, *Arizona Foothills Magazine* named **Splendido** as one of **Arizona's Best Places to Live**.



**Mather LifeWays** will work with Life Services Network, the Illinois affiliate of the American Association of Homes and Services for the Aging, to implement and evaluate a communication skills training program targeting all disciplines in licensed long-term care communities. This **12-month grant** includes 12 train-the-trainer workshops and supporting online course involving nearly 150 communities across Illinois.



Community Initiatives was awarded the **Digital Divide Grant** from the Illinois Department of Commerce and Economic Opportunity. The grant is designed to partially underwrite the cost of computer training for older adults in the Chicago area.



**Mather LifeWays** and **Benten Technologies** of Herndon, VA, received a **Small Business Innovation Research Grant** from the National Institutes of Health to

develop a new and innovative technology system for improving the assessment of quality of life in older persons with dementia. The practical, information-generation system combines the Mather LifeWays tool, *Observing Quality of Life in Dementia* (OQOLD), with handheld PCs that will enable professional caregivers to maximize the well-being of people with dementia in long-term care communities, assisted living communities, and adult day programs.

## National Religious Retirement Office

**Mather LifeWays** worked with the National Religious Retirement Office (NRRO) in Washington, D.C., to implement a grant that will provide a proven successful training program in person-centered care to religious institutes they serve. The **18-month grant** was awarded by the Retirement Research Foundation to support the project, Staff Training and Education in Person-Centered Care for U.S. Catholic Retired Women and Men Religious: Phase Two.



**Mather LifeWays** received a **two-year grant** from the Illinois Department of Public Health to implement SAFE-TI in 100 nursing homes in Illinois. SAFE-TI, a multicomponent toolkit that was developed and pilot-tested by **Mather LifeWays**, is expected to increase knowledge of falls reduction strategies.



**Mather LifeWays** received three national 2008 **Best of 50+ Housing Marketing Awards** from the National Association of Home Builders (NAHB), including Innovation and Gold Awards for **The Mather**, and a Silver Award for **Splendido**.



**Mather LifeWays** won three 2007 **Inspire Awards** from the League of American Communications Professionals. The Health Assessment Campaign won a Silver Award, the *m* newsletter also garnered a Silver Award, and the AAHSA Excellence in the Workplace Award Campaign took Honors.



**The Director of Wellness Strategies at Mather LifeWays** received the **Work-Life Rising Star Award** from the Alliance for Work-Life Progress. This award recognizes professionals who embody passion for change, for work, and for life, and who exhibit a combination of professional and personal attributes that demonstrate emerging leadership and growing contributions to the work-life community.



**Splendido's** executive chef was the **third place winner** in the 2008 Iron Chef Tucson (AZ) competition, which challenges chefs from Tucson's finest dining establishments, including several five-star restaurants and resorts, to "battle it out" with their culinary skills.



**Mather Pavilion** volunteer **Sheron Quigley** received Life Services Network's **Excellence in Service Award** and was named **Volunteer of the Year**.

## 2007



**Mather LifeWays** earned three **National Active Retirement Association Awards**, which recognize projects focused on meeting the demands of active, mature adults across the country. The Mather's brochure won a **Gold Award** for Best Active Adult/Retirement Property Advertisement and Splendido won a **Gold Award** for Best Large Active Adult/Retirement Community.



The League of American Communications Professionals (LACP) awarded a **Platinum Spotlight Award** for **The Mather's** brochure; a **Silver Spotlight Award** for the Mather LifeWays 2006 Year in Review; and a **Bronze Spotlight Award** for Splendido's testimonial direct mail. More than 900 global entries were received, including entries from \$1+ billion Fortune 100 companies. The Awards recognize excellence in first impression, creativity, clarity, relevance, and narrative/visual content quality.

**PREPARE**, a **Mather LifeWays** program for improving emergency preparedness in senior living residences, was **awarded a third year of funding** from the Office of the Assistant Secretary for Preparedness and Response, US Department of Health and Human Services. The funds allow Mather LifeWays to reach long-term care providers in all 50 states.



**Mather LifeWays** received the Retired and Senior Volunteer Program's (RSVP) **Station of the Year Award**, which honors one organization that is committed to volunteerism and supports RSVP as a resource to help older adults get involved as volunteers.



*Arizona Foothills Magazine* named **Splendido** one of **Arizona's Best Places to Live**.



**Mather LifeWays** received ComPsych's **Health at Work Silver Award**, which honors organizations that have demonstrated a commitment to promoting the health and wellness of their employees.



Mather LifeWays and The Plaza Companies, co-owners of Splendido, received *BUILDERnews* magazine's **Spirit of the West Award**, which recognizes "exemplary builders and developers who are contributing inspiring, vibrant, and sustainable places to live." Splendido was highlighted for its well-crafted homes, conserving resources, and setting a new pace in homebuilding.



**Mather LifeWays** earned 10 2007 **National Mature Media Awards** for its marketing materials, including two **Gold Awards**, two **Silver Awards**, two **Bronze Awards**, and four **Merit Awards**. **The Mather** earned two **Gold Awards** for its "10 Wishes" campaign and brochure.



**Mather LifeWays** received the 2007 **Excellence in the Workplace Award** from the American Association of Homes and Services for the Aging (AAHSA) for demonstrating effectiveness in fostering and advancing a healthy workplace culture and an environment that promotes the recruitment, retention, and development of staff at all levels of the organization.



**Mather LifeWays** received three national 2007 **Best of 50+ Housing Awards** from the National Association of Home Builders (NAHB), including an Innovation Award for **The Mather** and two Gold Awards for **Splendido**, which was recognized as the best overall Continuing Care Retirement Community (CCRC) and as having the best CCRC interior design.



PREPARE, a **Mather LifeWays** program for improving emergency preparedness in senior living residences, was awarded the 2007 **Healthcare and Aging Award** from the American Society on Aging. PREPARE also was awarded additional funding from the U.S. Department of Health and Human Services' Office of the Assistant Secretary for Preparedness and Response (ASPR) for further expansion.



**Mather LifeWays** was one of three not-for-profit organizations in the Chicago area to receive a **Models of Significant Service grant from RespectAbility**, a program of the National Council on Aging. Chicago Life Opportunities Initiative, a partnership of Mather LifeWays and Council for Jewish Elderly, will use the grant funds for its *Count Me In* program, which is designed to mobilize Chicago's older adults and community partners to help organizations identify their volunteer needs; recognize the ability of older adults to meet those needs; and effectively recruit, train, and place older adult volunteers in those leadership roles.

The Illinois Department of Public Health awarded a **two-year grant to further study and disseminate the S.E.L.F. Program** and Observing Quality of Life in Dementia (OQOLD), two programs developed by **Mather LifeWays Institute on Aging** that support older adults with memory loss.



A **Mather LifeWays Community Initiatives** employee was appointed to the **Illinois Life Services Network (LSN) Home and Community Based Services Cabinet**.



**Mather LifeWays** received the **Best Practice Award** from the Health Promotion Institute of the National Council on Aging for Mather LifeWays Institute on Aging's Resident Whole-Person Wellness Survey.

## 2006



The International Council on Active Aging awarded **Mather LifeWays** its **NuStep Pinnacle Award** for the nation's best wellness program in a community setting. The award recognized Mather's—More Than a Café on 83rd Street for "using creativity and commitment to transform people's lives and promote optimal health, regardless of age."



**Mather LifeWays** was awarded a contract to conduct a pilot study from Work/Family Directions, Inc. to offer **Empower Online** for IBM employees who are caring for older adults in England, Mexico, Honduras, and Guatemala.



**Mather LifeWays** earned six 2006 **National Mature Media Awards** for its marketing materials, including a **Gold Award**, three **Silver Awards**, and two **Bronze Awards**.





*A Healthy Community: Perspective on Aging Well*, a publication produced by the Center for Civic Partnership and funded by the California Wellness Foundation, featured the **Mather LifeWays Café Plus model** as one of the top 10 national examples in taking creative action to serve older adults.



At the international conference *Reflecting on 100 Years of Alzheimer's: The Global Impact on Quality of Lives*, hosted at Ohio's Case Western University, the Mather LifeWays Institute on Aging presentation, "OQOLD: A Tool For Improving Research and Practice Via An Activity-Focused, Wellness-Based Quality of Life Assessment Procedure," won **third place for outstanding poster presentation**.



The Illinois Office of the Secretary of State and the Illinois State Library/Literacy Office **awarded a grant to Mather LifeWays to train staff in English as a second language**.



**Mather LifeWays 2004 Year in Review** won the League of American Communications Professionals' (LACP) 2005 **Vision Award**, which recognizes exceptional annual reports. Mather LifeWays also won LACP's **Bronze Inspire Award** for its internal communications portfolio.



**Mather LifeWays** was awarded a **grant** from the American Business Collaboration for Quality Dependent Care (ABC) to **expand Powerful Tools for Caregivers (PTC) Online** to IBM employees in Latin America, Brazil, and the England.

**The manager of Mather's—More Than a Café on 83<sup>rd</sup> Street** in Chicago received a **Status of Women Orchid Award**, which is presented to women who are considered outstanding in their chosen field and/or who work to expand their commitment to include community involvement. The National Religious Retirement Office (NRRO) and The Retirement Research Foundation funded

**Mather LifeWays Institute on Aging to develop a training program that educates front-line staff in best practices of person-centered care.**

PREPARE, a **Mather LifeWays** program for improving emergency preparedness in senior living residences, **was awarded a supplemental grant** from the U.S. Department of Health and Human Services' Office of the Assistant Secretary for Preparedness and Response (ASPR) to deliver the program to all 50 states.

## 2005



**Mather LifeWays** earned three **Best of Seniors Housing Awards** from the National Association of Home Builders (NAHB), including an **Innovation Award**, NAHB's highest-level honor, and a **Gold** and **Silver Award**.



**Mather LifeWays** earned six 2005 **National Mature Media Awards** for its marketing materials, including a **Gold Award**, two **Silver Awards**, a **Bronze Award**, and two **Merit Awards**.



**Mather LifeWays** was **awarded a grant** from the American Business Collaboration for Quality Dependent Care (ABC) to **convert Making Sense of Memory Loss**, a memory support training program co-developed by Mather LifeWays Institute on Aging and the Greater Illinois Chapter of the Alzheimer's Association, into an online training tool.



**Mather LifeWays** was awarded a **two-year grant** from the Virginia G. Piper Charitable Trust to implement and evaluate a new version of Powerful Tools for Caregivers (PTC).



**Mather LifeWays** was awarded a **grant** from the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), to develop **PREPARE**.

The Alzheimer's Association **awarded a grant** to study the practical applications of a **Mather LifeWays**-developed measure called **Observing Quality of Life in Dementia (OQOLD)**.



The Illinois Department of Public Health awarded funding to **expand LEAP**, the **Mather LifeWays** long-term care nursing staff training program, to all licensed skilled care centers throughout Illinois.



The State of Illinois Department of Commerce and Economic Opportunity (DCEO) awarded funding to Eliminate the Digital Divide at **Mather's—More Than a Café on 83<sup>rd</sup> Street** in Chicago by expanding its capacity for computer training.



**Two Mather LifeWays employees** were **appointed** to the **Illinois Life Services Network (LSN)** Cabinet.



Mather LifeWays was recognized in the **first edition of *The Spirit of Excellence: How Healthcare Organizations are Achieving Service, Quality and Satisfaction*** for Mather's—More Than a Café.

## 2004



The Mather LifeWays **LEAP** program was **selected by the American Association of Homes and Services for the Aging (AAHSA)** to receive the **2004 Excellence in Practice Award**.



**Mather LifeWays** was awarded a contract to conduct a pilot study from Work/Family Directions,

Inc. to offer **Empower Online** for IBM employees who are caring for older adults in the United States.



The American Society on Aging (ASA), in collaboration with the Pfizer Medical Humanities Initiative, recognized LEAP with the **2004 Healthcare and Aging Award** for innovative and quality programs.

The **Café Plus model** design won the **ASA Business and Aging Award**.



**Mather LifeWays** earned nine **2004 National Mature Media Awards**, including a **Gold Award**, five **Silver Awards**, a **Bronze Award**, and four **Merit Awards**.



THE GERONTOLOGICAL SOCIETY OF AMERICA  
Research, Education, Practice...Where It All Comes Together

The Gerontological Society of America Emerging Scholar and Professional Organization awarded the **2004 Outstanding Student Poster Award** to a **Mather LifeWays Institute on Aging Research Assistant**.

St. Andrew's Parish Council presented an award to Mather LifeWays staff for the **Mather Edgewater** program for **Excellence in Hospitality and Service**.

## Illinois Department on Aging

The Illinois Department on Aging **awarded a grant to establish a Mather LifeWays support group** for grandparents raising grandchildren.



**Mather LifeWays Institute on Aging** was **named managing editor of *Seniors Housing & Care Journal***, the journal of the National Investment Center (NIC) Seniors Housing and Care Program at Johns Hopkins University.



Mather LifeWays was awarded a grant from the American Business Collaboration for Quality Dependent Care (ABC) to develop **Powerful Tools for Caregivers (PTC) Online** for use by employees of IBM, Texas Instruments, and Exxon-Mobil.

## 2003



The American Society on Aging (ASA), in collaboration with the Extendicare Foundation, awarded LEAP for a 21<sup>st</sup> Century Long-Term Care Workforce an **honorable mention** for the 2003 Recognizing Innovative Programs in the Recruitment, Retention and Promotion of Nursing Assistants in Skilled Nursing and Assisted Living Facilities Awards program.



Mather LifeWays received a **Partnership Award** from the **Arthritis Foundation** for its time and effort to help improve the quality of life of those affected by arthritis.



The **Café Plus** model received the American Association of Homes and Services for Aging (AAHSA) 2003 **Community Service Award**.



Mather LifeWays earned four 2003 **National Mature Media Awards**, including two **Gold Awards**, a **Bronze Award**, and a **Merit Award**.



Mather LifeWays earned *Contemporary Long-Term Care Magazine's* **design award** for Mather Pavilion's innovative third-floor spa-like bathroom.



Mather LifeWays was awarded a grant for **LEAP: Enhancing Long-Term Care Nurse Retention and Resident Care Quality**, which is funded by the Bureau of Health Professions, Health

Resources and Services Administration (HRSA), U.S. Department of Health and Human Services.



Mather LifeWays was chosen as a charter participant in Life Services Network's **CONNECTIONS**, a best practices and idea exchange clearinghouse. The **Café Plus** model was identified and recognized as an innovative approach to enhancing older adult living.

## 2002



THE RICHARD H. DRIEHAUS FOUNDATION

The **Café Plus** model received **The Richard H. Driehaus Foundation Award** for Architectural Excellence in Community Design.



THE NATIONAL COUNCIL ON THE AGING

The **Café Plus** model received the **Best Practice Award** from The Health Promotion Institute (HPI), a constituent unit of The National Council on the Aging.



Mather Edgewater Senior Outreach was presented with a **Best in Community Service Award** from the Edgewater Chamber of Commerce.



Mather LifeWays received **second place** for "Building the Foundation for Quality Improvement: LEAP for a Quality Long-Term Care Workforce," published in *Seniors Housing & Care Journal*, the journal of the National Investment Center (NIC) Seniors Housing and Care Program at Johns Hopkins University.



From the League of American Communications Professionals (LACP), Mather LifeWays received the 2002 **Spotlight Award** for excellence in development of the **Café Plus** model launch.



LEAP was recognized and featured by the National Clearinghouse on the Direct Care Workforce in the Practice Profile Database, which is supported by the U.S. Department of Health and Human Services.



**Mather LifeWays** was awarded a grant from the Illinois Department of Public Health (IDPH) to deliver and evaluate the Heart Smart for Older Women Program through **Mather's—More Than a Café.**



**Mather LifeWays** was awarded a grant from the Community Memorial Foundation to test the benefits of Powerful Tools for Caregivers (PTC) through faith-based communities.



**Mather LifeWays** was awarded a grant for **Mather Geriatric Regional Faculty Development Network**, which is funded by the Bureau of Health Professions, Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services.