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**FOR IMMEDIATE RELEASE**

**Mather's—More Than a Café Celebrates Black History Month**  
*Neighborhood Cafe Celebrates with Performances, Traditional African Cuisine, and Vendors*

CHICAGO, IL. (February 4, 2011) – To celebrate Black History Month, Mather's—More Than a Café on 83<sup>rd</sup> Street will host three day-long events featuring performances, cuisine, and vendors on **February 18, 25, and March 11, 8:00 a.m. – 3:00 p.m.**

On three upcoming Fridays, Mather's—More Than a Café will showcase traditional African heritage by hosting local African vendors displaying and offering goods available for purchase, such as handmade Afro-centric dolls, pillows, and home accents.

Attendees are invited to savor the flavors of Africa. Featured dishes will include chicken couscous, banana bread, North African lentil soup, Moroccan carrot salad, Tunisian meatballs, sweet potato fries, and Ethiopian greens with homemade spiced cheese.

The February 25 and March 11 events will also feature a "Seniors Portraying Legends" performance from 3:00 – 4:00 p.m., in which older adults from the community will impersonate and tell the story of significant African American historical figures.

In addition, on **Friday, February 11** at 1pm, special guest speaker, George Leighton, will give a memorable presentation on his life. Leighton, a retired African-American judge, was nominated by President Gerald Ford for a seat on the U.S. District Court, Northern District of Illinois in 1975. He is an established Life Member in the National Association for the Advancement of Colored People (NAACP) and has served the Chicago branch as president and general counsel for several years.

Mather's—More Than a Café on 83<sup>rd</sup> Street is located on 33 E. 83rd Street, Chicago, IL 60619.

**About Mather LifeWays**

Based in Evanston, Illinois, Mather LifeWays enhances the lives of older adults by creating Ways to Age Well<sup>SM</sup>. Founded in 1941 by entrepreneur and humanitarian Alonzo Mather, Mather LifeWays is a unique non-denominational, not-for-profit organization dedicated to providing a continuum of living and care; making neighborhoods better places for older adults to live, work, learn, contribute, and play; and identifying, implementing, and sharing best practices for wellness, workforce issues, memory care support, and empowering caregivers. To learn more about our senior residences, Community Initiatives, and Mather LifeWays Institute on Aging, call (847) 492.7500 or find your way to [www.matherlifeways.com](http://www.matherlifeways.com).

For more information on Mather's—More Than a Café visit: [www.mathersmorethanacafe.com](http://www.mathersmorethanacafe.com)

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