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## FOR IMMEDIATE RELEASE

## Sonora at Splendido Receives 5-Star Ranking in U.S. News Media Group's 2011 Best Nursing Homes

**Tucson, Ariz.– February 16, 2011–** Sonora at Splendido received the highest ranking of five stars overall in *U.S. News & World Report's* 2011 Best Nursing Homes, available online at www.usnews.com/nursinghomes.

The rankings highlight communities across the nation that provide high-quality care and are a valuable tool for millions of older adults and their families in search of a nursing care residence.

*U.S. News*'s Best Nursing Homes profiles more than 15,000 communities and ranks them by state, using data and quality ratings from the federal government. The rankings are updated quarterly.

The rankings rely on information from the Centers for Medicare and Medicaid Services, the federal agency that sets and enforces quality standards for all homes enrolled in Medicare or Medicaid. Homes receive an overall rating of one to five stars from the government based on the number of stars earned in three categories: health inspections, nurse staffing, and quality of care.

Nellie Sorrell, Administrator of Sonora at Splendido said, "We are so proud to have received the <u>five-star ranking</u> for the second consecutive year from US News Media Group. A large part of creating a great community is setting strong standards and providing staff with education and ongoing training."

"Choosing a nursing home for your parent or loved one is incredibly difficult," says Avery Comarow, Health Rankings Editor at U.S. News & World Report. "Homes at the top of our rankings have repeatedly shown high quality and deserve consideration."

## **About Mather LifeWays**

Based in Evanston, Illinois, Mather LifeWays enhances the lives of older adults by creating Ways to Age Well<sup>SM</sup>. Founded in 1941 by entrepreneur and humanitarian Alonzo Mather, Mather LifeWays is a unique non-denominational, not-for-profit organization dedicated to providing a continuum of living and care; making neighborhoods better places for older adults to live, work, learn, contribute, and play; and identifying, implementing, and sharing best practices for wellness, workforce issues, memory care support, and empowering caregivers. To learn more about our senior residences, Community Initiatives, and Mather LifeWays Institute on Aging, call (847) 492.7500 or find your way to www.matherlifeways.com.

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